

Educational Resources for Smoking Cessation

MVP Health Care Online Health Library

MVP's web site contains an online health library supported by Healthwise®. Visit the [Healthwise® Knowledgebase](#) and follow the links to topics of interest.

Additional Suggestions and agencies to contact for assistance:

Program	Contact Information
Employee Assistance Program	Contact Employer
American Cancer Society	1-800-227-2345
National Cancer Institute	1-800-4-CANCER
Great Start (helps pregnant smokers quit)	1-866-66-START

Additional Web Sites* with Smoking Cessation Information

Web Site	Contact Information
American Cancer Society	www.cancer.org
American Legacy Foundation	www.americanlegacy.org or call 1-800-4-a-legacy
American Lung Association	www.lungusa.org/
Capital District Tobacco-Free Coalition	www.smokefreecapital.org or call 518-459-4197 ext. 322
QuitNet — an on-line support community	www.quitnet.com
National Cancer Institute	www.cancer.gov/cancertopics/tobacco
New Hampshire Smoking Cessation Program	http://quitworksnh.org/
New York State Smoker's Quit Site	www.nysmokefree.com or, call 1-866-697-8487
SmokeFree.gov	www.smokefree.gov
Vermont State	http://healthvermont.gov/prevent/tobacco/quit_smoking.aspx
NYS Department of Health Talk to Your Patients	http://talktoyourpatients.org/

* MVP has no control over links to other websites. MVP is not responsible for the availability of such sites, does not endorse and is not responsible or liable for any damage or loss caused or alleged to be caused by or in connection with use or reliance on any such content, advertising, services, products or other materials on or through any such site.