

Careful Antibiotic Usage - Adult Treatment Guideline

MVP Health Care, as part of its continuing Quality Improvement Program has endorsed anti-infective guidelines to address the growing problem of antibiotic resistance. The recommendations are from the Centers for Disease Control (CDC). These recommendations focus on preventing antibiotic resistance in adults and are available at the following web addresses:

<http://www.cdc.gov/getsmart/campaign-materials/adult-treatment.html>

Appropriate Treatment Summary - Physician Information Sheet (Adults):

<http://www.cdc.gov/getsmart/campaign-materials/info-sheets/adult-approp-summary.pdf>

Nonspecific Upper Respiratory Tract Infection - Physician Information Sheet (Adults):

<http://www.cdc.gov/getsmart/campaign-materials/info-sheets/adult-nurti.pdf>

Acute Pharyngitis in Adults - Physician Information Sheet (Adults):

<http://www.cdc.gov/getsmart/campaign-materials/info-sheets/adult-acute-pharyngitis.pdf>

Acute Bacterial Rhinosinusitis - Physician Information Sheet (Adults):

<http://www.cdc.gov/getsmart/campaign-materials/info-sheets/adult-acute-bact-rhino.pdf>

Acute Cough Illness (Acute Bronchitis) - Physician Information Sheet (Adults):

<http://www.cdc.gov/getsmart/campaign-materials/info-sheets/adult-acute-cough-illness.pdf>

*This guideline is not intended to replace the role of clinical judgment by the physician in the management of this, or any other disease entity. It is an educational guideline to assist in the delivery of good medical care. **All treatment decisions are ultimately up to the physician.*** Where medication recommendations are made, please refer to each health plan's formulary for coverage considerations.

MVP Health Care updates its clinical guidelines at least every two years. The review process is also initiated when new scientific evidence or national standards are published. Practitioners are alerted via the web site and by written notices from the plan via fax or newsletter. A hard copy of the clinical guideline can be requested by calling the MVP Quality Improvement Department at 1 (800) 777-4793 extension 2602.